



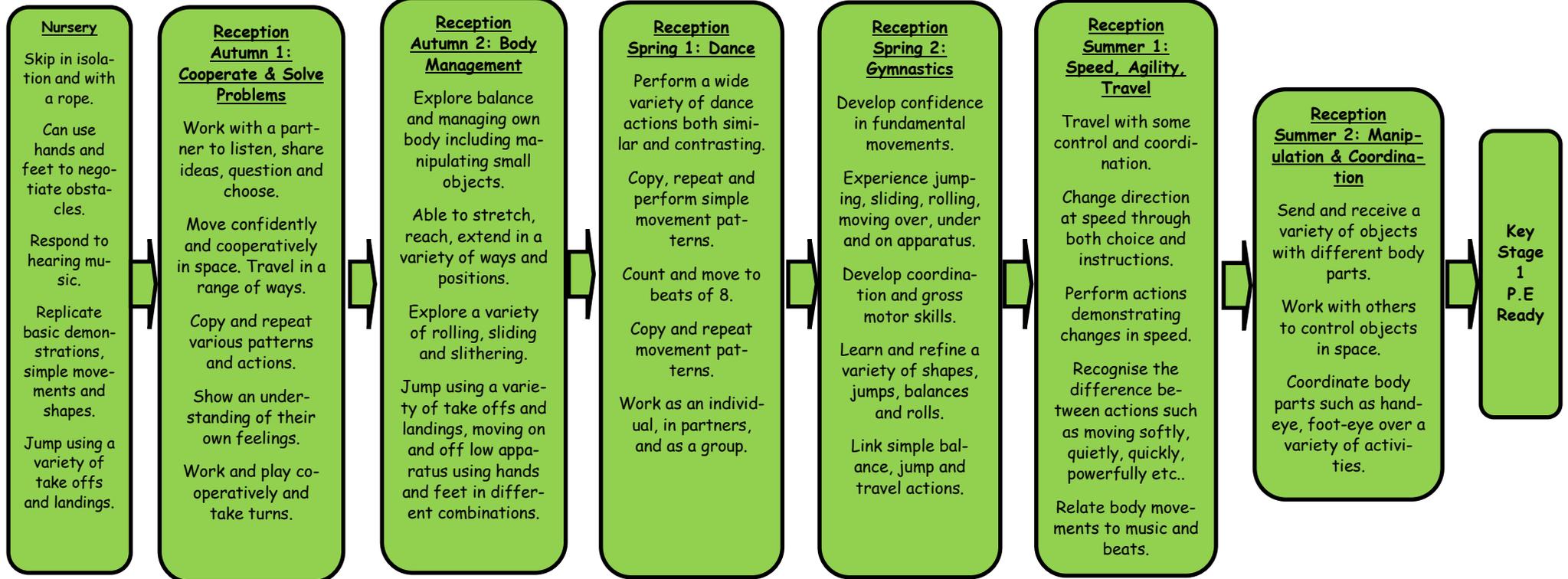
Cardinham School EYFS - Physical Development



Intent

Through 'Physical Development', children learn how to move confidently and in a variety of different ways. They learn how to work creatively both as an individual and within a team. Children develop confidence in fundamental movements and can send and receive a variety of objects with different body parts. By the end of their reception year, pupils will enjoy being physically active and understand why it is important to exercise regularly.

Sequence of EYFS Learning



Vocabulary

cooperate, team, individual, partner, pair, work, choose, try, travel, roll, jump, twist, turn, crawl, roll, run, line file, width, length, carry, challenge, shape, count, retrieve, collect, suits, deck, cards, trail, body shape, alternate, balance, stretch, crawl, slide, slither, apparatus, pause, prepare, anticipate, agility, dance, twist, turn, rhythm, step, music, beat, stretch, feet, curl, high, low, fast, slow, beat, curl, join, link, teamwork, pattern, roll, sequence, shape, timing, pathway, direction, quietly, powerfully, quietly, grip, one foot, reach, roll.