# Packed Lunch Menu

### Week

100	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Cheese and Tomato Pizza	Chicken mayo wrap	Hot Pork roll With potato wedges	Bacon roll	Fish fingers With chips
Choice two	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings
Special Diet Option	Ham Sandwich on Gluten Free Bread	Chicken Wrap Using Gluten Free Wrap & No Mayo	Pork in a Gluten Free Roll	Bacon on Gluten Free Roll	Gluten Free fish fingers and chips
Crudités	Carrot Sticks	Cucumber Sticks	Tomato Wedges	Pepper Sticks	Cucumber Sticks
Fruit	Apple	Orange	Grapes	Banana	Pear
Dessert	Raspberry Yoghurt Cake	Shortbread Biscuit with Peach Slices *	Flapjack with Fruit Slices *	Chocolate Apricot Brownie	Vanilla Ice Cream
Special Diet Option	Raspberry Frozen Smoothie	Peach slices in juice	SD Flapjack  RECIPE USES GF OATS	SD Chocolate Crispy Bar GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT	Orange & Mango Frozen Smoothie



# Packed Lunch Menu

## Week 2

ſ		Monday	Tuesday	Wednesday	Thursday	Friday
	Choice One	Cheese and Tomato Pizza	Turkey & Cucumber Roll	Hot Chicken bap With wedges	Ham Roll	Fish fingers With chips
	Choice Two	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings
	Special Diet Option	Ham Sandwich on Gluten Free Bread	Turkey & Cucumber Gluten Free Roll	Chicken Wrap Using Gluten Free Wrap & No Mayo	Ham on Gluten Free Roll	Gluten Free fish fingers and chips
Ī	Crudités	Carrot Sticks	Cucumber Sticks	Tomato Wedges	Pepper Sticks	Cucumber Sticks
V	Fruit	Melon Wedge	Orange	Apple	Grapes	Pear
Y	Dessert	Raspberry Ripple Ice Cream	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit with Fruit Slices *
200	Special Diet Option	SD Berry Crispy GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT	SD Flapjack  RECIPE CONTAINS GF  OATS	Raspberry Frozen Smoothie	SD Chocolate Crispy Bar GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT	SD Berry Crispy  GF RICE CRISPIES  CONTAIN BARLEY  MALT EXTRACT



# Packed Lunch Menu

## Week 3

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		Monday	Tuesday	Wednesday	Thursday	Friday
	Choice One	Cheese and Tomato Pizza	Sausage Bap	Hot Turkey bap With wedges	Bacon roll	Fish fingers and chips
	Choice Two	Jacket potato With a choice of fillings	Jacket potato With Salmon Mayo	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings
	Special Diet Option	Ham Sandwich on Gluten Free Bread	Turkey & Cucumber Gluten Free Roll	Turkey Wrap Using Gluten Free Wrap & No Mayo	Bacon on Gluten Free Roll	Gluten Free Fish Fingers
	Crudités	Carrot Sticks	Cucumber Sticks	Tomato Wedges	Pepper Sticks	Cucumber Sticks
V	Fruit	Apple	Orange	Grapes	Banana	Pear
V	Dessert	Secret Brownie	Raspberry Ripple Ice Cream	Fruity Flapjack*	Banana Oat Bite*	Strawberry Swirl Sponge
	Special Diet Option	SD Chocolate Crispy Bar GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT	Raspberry Frozen Smoothie	SD Flapjack  RECIPE USES GF OATS	Banana Portion with SD Custard	SD Berry Crispy GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT

