

Packed Lunch Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Cheese and Tomato Pizza	Sausage Bap	Hot Turkey bap With wedges	Bacon roll	Fish fingers and chips
Choice Two	Jacket potato With a choice of fillings	Jacket potato With Salmon Mayo	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings	Jacket potato With a choice of fillings
Special Diet Option	Ham Sandwich on Gluten Free Bread	Turkey & Cucumber Gluten Free Roll	Turkey Wrap Using Gluten Free Wrap & No Mayo	Bacon on Gluten Free Roll	Gluten Free Fish Fingers
Crudités	Carrot Sticks	Cucumber Sticks	Tomato Wedges	Pepper Sticks	Cucumber Sticks
Fruit	Apple	Orange	Grapes	Banana	Pear
Dessert	Secret Brownie	Raspberry Ripple Ice Cream	Fruity Flapjack*	Banana Oat Bite*	Strawberry Swirl Sponge
Special Diet Option	SD Chocolate Crispy Bar <u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u>	Raspberry Frozen Smoothie	SD Flapjack <u>RECIPE USES GF OATS</u>	Banana Portion with SD Custard	SD Berry Crispy <u>GF RICE CRISPIES CONTAIN BARLEY MALT EXTRACT</u>

