

Cardinham School PE Spending Plan 2018/19

Income: £17600			
Actions	Desired Impact	Future Actions and Sustainability	Cost
Further upskill staff especially new members of staff by providing CPD and giving opportunities to work alongside professionals			
<p>-PE Coordinator to attend Annual PE Conference</p> <p>-PE Teacher and one other member of staff to attend MCSN Conference</p> <p>Provide regular CPD to upskill teachers and TAs.</p> <p>Continue to source high quality coaches to work alongside members of staff: Kernow Gymnastics MindBodyDance Go Active Cornwall Plymouth Argyle Judo Coach</p>	<p>Staff have increased confidence, knowledge and skills to enable them to deliver high quality PE in all areas</p> <p>Children continue to achieve high standards in lessons and they have increased confidence when performing and competing.</p>	<p>Upskilling staff is sustainable for many years to come.</p>	£1500
Further develop the role of the PE TA to further raise standards			
<p>PE TA to lead Wake and Shake & The Morning Mile</p>	<p>Children are physically active for longer periods of time, leading to better physical and mental health.</p>		£500
Extend Forest School provision to KS2 in addition to KS1			
<p>Train an additional member of staff</p>	<p>Children are physically active for longer periods of time, leading to better physical and mental health.</p>	<p>TA upskilled.</p>	£1000
Maintain and further extend our excellent range of extra-curricular activities to both Key Stages			
<p>Introduce Judo for the first time PE Coordinator to plan and deliver a varied programme of extra-curricular opportunities from</p>	<p>100% of pupils will participate in at least one sports club over the academic year.</p>	<p>Instils a lifelong love of sport.</p>	£1500

<p>Y1-6, to include use of outside providers as appropriate</p> <p>Autumn Term Sports Clubs: Cross Country Netball Football Yoga Karate Judo ****</p> <p>Spring Term Sports Clubs: Cross Country Netball Football – Plymouth Arygle & School Yoga Karate – Ashiita Karate Street Dance Judo****</p> <p>Summer Term Sports Club: Cross Country YR-6 Street Surfing – Active Cornwall Y3-6 Multi-sports YR-2 Dance – YR-6 Yoga YR-6 Karate Kernow Archery Y3-6 Surfing Y4-6 Judo****</p>	<p>Children have higher self-esteem and confidence.</p> <p>Children are physically active for longer periods of time, leading to better physical and mental health.</p>		
<p>Maintain good well-being of all children across the school through continuing to embed Yoga and Mindfulness as part of the curriculum and as an extra-curricular activity</p>			
<p>Continue to use 'Class Yoga' on a weekly basis in all three classes.</p> <p>PE Coordinator/student teacher to teach Yoga throughout the school as part of our Mini Sofa Dodger/PE.</p>	<p>Staff are confident in using Class Yoga to deliver yoga sessions.</p>	<p>Good mental health and now and in future life. Develops good habits and teaches children how to relax.</p>	<p>£500</p>

Purchase blankets and lavender eye pillows to further enhance Yoga sessions.			
Keep up to date with local/national initiatives; Increase participation in inter school competitions			
YSP Annual Membership – Level 2 MCSN Annual Membership Through MCSN and Bodmin Sports Remove barrier of transport through funding coaches for some events where participation is high	Pupils are enthusiastic about taking part in inter school events. They are confident when competing against other schools	. Children will want to participate in out of school competitions	£1500
Embed Active 30:30 throughout our school			
Introduce 'The Daily Mile' throughout the whole school Collaboratively plan Active 30:30 activities/sessions Purchase additional resources as required Create a timetable to ensure effective delivery of Active 30:30 across the school.	Children are fitter, healthier and happier. ALL children enjoy being physically active.	Children lead healthier lifestyles now and as they move into adulthood,	£250
Continue to use Maths of the Day: 'Active Maths' throughout the school			
Continue to embed in each class as part of maths lessons	Maths lessons across the school are typically more active.		£500
Replenish curriculum equipment and resources			
Purchase new skipping ropes Purchase new hurdles Reinstate sand pit			£4000
Purchase new equipment			
Obtain quotes and purchase the following: Mountain bike storage Mountain bikes & helmets Dance scheme / resources Huff&puff trolley Judo mats			
Improve surface of school playground			

Seek quotes for alternative playground surface		Surface will survive many, many years.	£5000
Continue to embed less conventional sports through our Sofadodger initiative; Introduce further new sports as enrichment and as extra-curricular clubs			
Archery, Yoga, Bowls, Disc Sports NEW SPORTS FOR THIS ACADEMIC YEAR: Surfing, Judo	Higher participation with a wider range of opportunities signposted.	Children are more likely to adopt a healthy lifestyle and find a life-long sport	£500
Further develop opportunities for leadership in KS2			
All Y6 pupils to take part in Playmakers Award 4 x Gifted and Talented pupils to take part in the Junior Athlete Education Programme 4 x Y5/6 Pupils to take part in the School Sports Organising Crew Conference	KS2 will have developed the necessary skills to be able to lead activities and events to YR and KS1 pupils.	Y5s developing skills for next academic year.	£250
Ensure children are more active and engaged at playtimes and lunchtimes			
Revise playtime and lunchtime rota Purchase new huff and puff trolley.	Increased levels of opportunities/participation. Increase in fitness levels.	Huff and puff equipment will last a minimum of three academic years.	£500
Continue to promote/develop club links			
Continue to investigate local clubs Maintain club links board Invite representatives of local clubs into school to lead assemblies	Increased levels of participation. Children have been encouraged to adopt a healthy lifestyle and find a life-long sport.	Doors are open for children to continue participating in a sport of their choice.	£100
Total planned expenditure			£17600